

# **Smoothie Power!: Recipes For Weight Loss, Vitality, & The Occasional Superpower By Diane Kidman**



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### **Interview with author diane kidman - blissbabe**

Diane Kidman wrote her first book “Herbs Gone Wild” in August of 2012 and it quickly “Beauty Gone Wild,” “Hair Gone Wild,” “Smoothie Power,” and “Teas for Life. 101 Recipes for Weight Loss, Vitality, & the Occasional Superpower.

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